

Hasbrouck Heights High School's

College Admissions, Careers, and
Post-Secondary Planning Night for Juniors
Class of 2025

November 15th, 2023

Mr. Vincenzo Barchini, Director of Guidance
Mrs. Ashley Calligy, School Counselor
Mrs. Alisa Rios, School Counselor
Mrs. Johanna Feria, School Counselor

Objectives

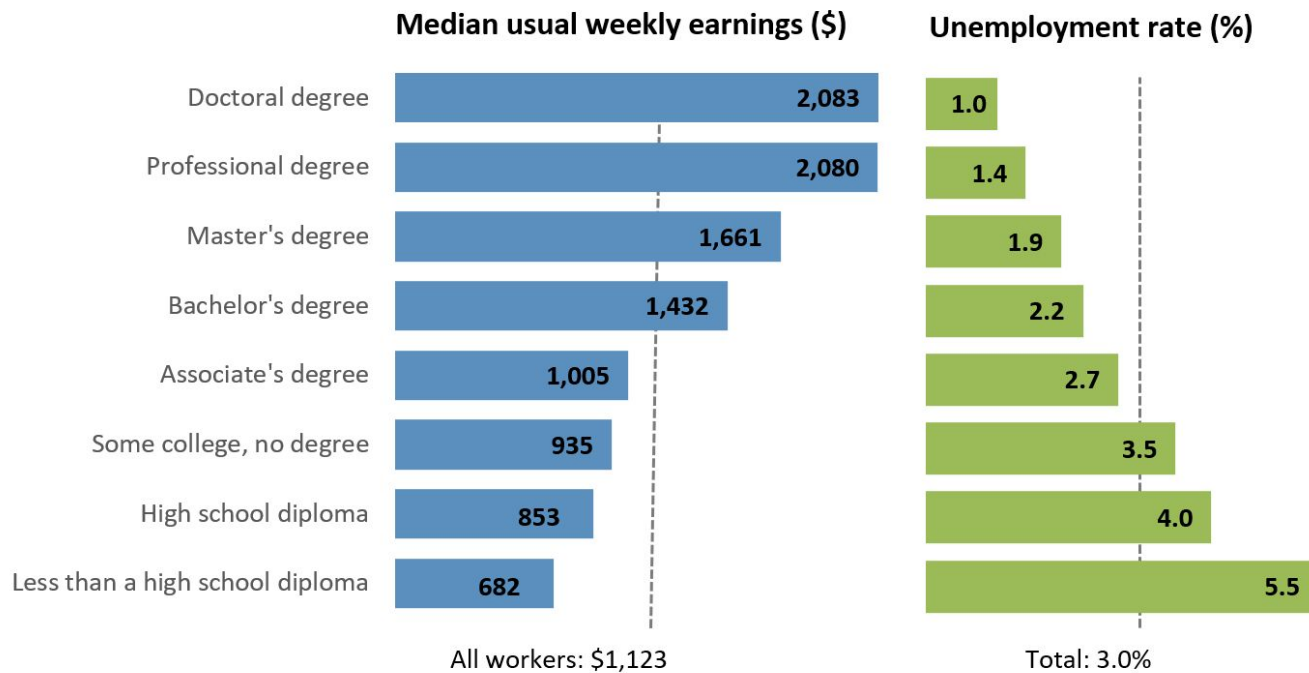
- Post-secondary options
 - The “Right Fit”
 - Top factors in Admissions Decisions
 - Review of college application materials
 - Making a college list
 - Naviance
 - Cost, financial aid, and scholarships
 - Timeline of tasks
-

Post High School Options

- University/College (4-years)
- Community College (2-years)
- Technical School (varying lengths)
- Military Service/Career (contract)
- Work Force

Data on Educational Attainment

Earnings and unemployment rates by educational attainment, 2022



Note: Data are for persons age 25 and over. Earnings are for full-time wage and salary workers.
Source: U.S. Bureau of Labor Statistics, Current Population Survey.

The Right “Fit”

Before you start looking for a college, it helps to identify your preferences. Consider things like...

- Major or Academic interest
- School Type: two-year vs. four-year, public vs. private
- Location: Rural, Urban, Suburban
- Student Body: size, in-state vs. out-of-state
- Admission criteria (selectivity)
- Extra-curriculars activities: sports, clubs
- Costs: tuition vs. financial aid/scholarships
- Other: religious affiliation, special services



Top Factors in Admissions Decisions

- Grades in college prep courses
 - Academic rigor
 - Standardized test scores
 - Essay or writing sample
 - Demonstrated interest
 - Letters of recommendation
 - Extracurricular activities
 - Leadership experience
 - Interview (if available)
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Transcript

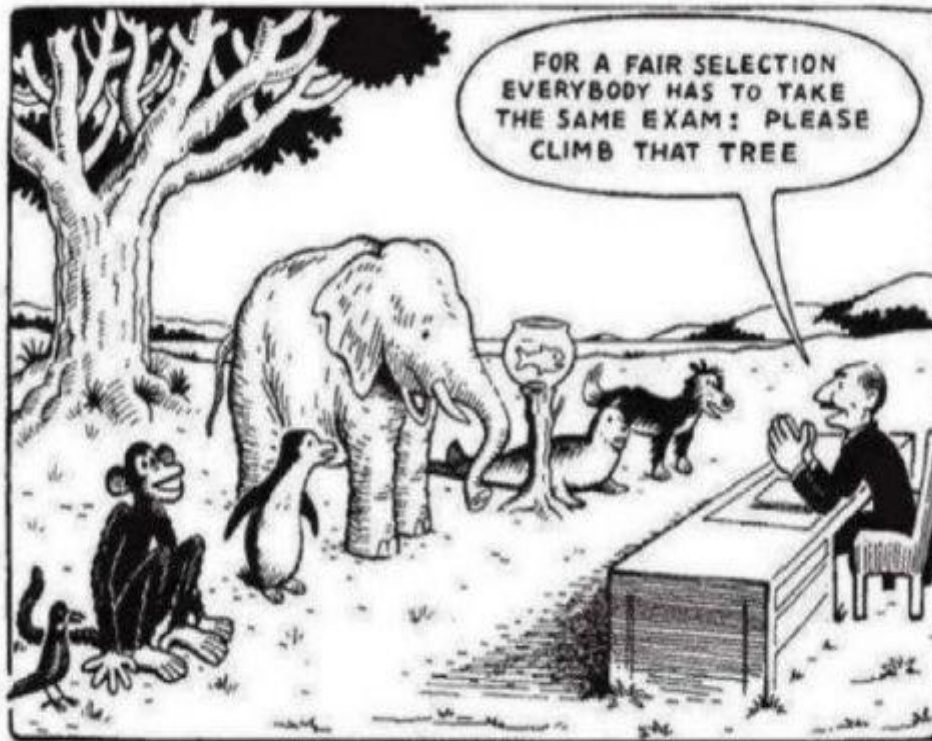
Hasbrouck Heights School District											
Hasbrouck Heights High School 365 Boulevard Hasbrouck Heights, NJ 07604											
Parent or Guardian		Student ID		Sex	Date of Birth						
Guidance Counselor		CEEB Code 310510		Entry	Withdrawal		Graduation				
Student Academic History						X Official Transcript Student Copy					
(H) Honors	(Pre AP) Pre Advanced Placement	(AP) Advanced Placement	(DE) Dual Enrollment	(SE) Summer School							
Grade	09	Year	2012-13	Final Grade	Credits	Grade	10	Year	2013-14	Final Grade	Credits
Personal Finance				A	5.000	English/Language Arts 10 Pre AP				A	5.000
English 9				B+	5.000	Algebra II Honors				A	5.000
Spanish II				A-	5.000	Chemistry Pre AP				B+	5.000
World History Pre AP				A-	5.000	Early US Pre AP				A-	5.000
Geometry H				A+	5.000	Piano				A+	5.000
Phys. Ed/Health 9				A+	5.000	Spanish III				A	5.000
Biology Pre AP				A	5.000	Phys. Ed/Health 10				A+	5.000
GPA 4.3714				Credits Earned	35.000	GPA 4.4583				Credits Earned	36.000
Grade	11	Year	2014-15	Final Grade	Credits	Grade	12	Year	2015-16	Grade	Credits
English/Language Arts 11				A-	5.000	English/Language Arts 12				A	5.000
Pre Calculus Honors				A-	5.000	AP Calculus AB				A-	5.000
AP Chemistry				B+	5.000	AP Physics C				B	5.000
Physics Pre AP				B+	5.000	Contemporary U.S. Issues				A	5.000
Modern US History Pre AP				B	5.000	Creative Art				B+	5.000
Photography				A	5.000	Phys. Ed/Health 12				A+	5.000
Phys. Ed/Health 11				A+	5.000						
GPA 4.0889				Credits Earned	36.000	GPA 4.2846				Credits Earned	31.000
Cumulative Data		Total Credits Earned		138.000		Total Q.P.		592.9000		Cumulative GPA 4.2964	
Weighted										Decile Ranking 3	
<div style="display: flex; justify-content: space-between; margin-top: 20px;"> Counselor Date School Seal </div>											

- Courses
 - Grades
 - Cumulative GPA
 - Weighted
 - Decile Rank
 - Weighted
- Grad Requirements
- Graduation Proficiency
 - Community Service

Standardized Testing

- SAT
 - ACT
 - Testing Timeline
 - Test Prep
 - Test Optional
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Test Optional



Our Education System

Visit [Fairtest.org](https://fairtest.org) for full list of Test Optional Schools

School Testing Policies

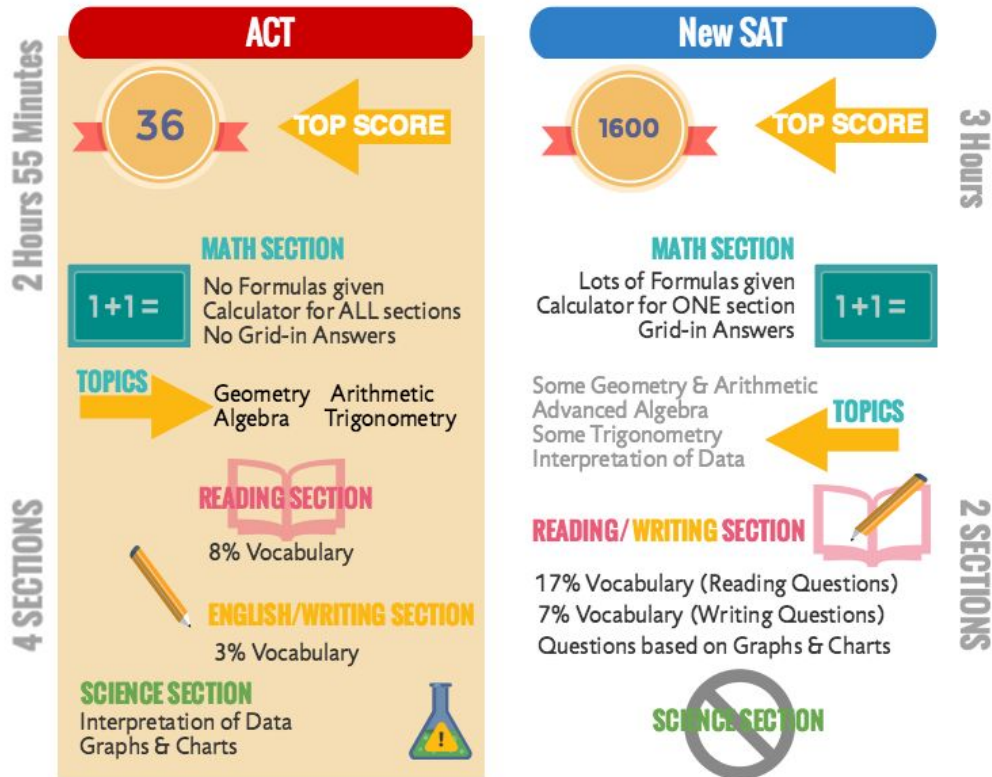
- Since the pandemic, many schools have chosen to remain Test Optional for the current senior class
 - Even though many schools are test optional, some programs may still require test scores to be submitted for certain programs
 - What does this mean for current juniors?
 - Although many schools will remain Test Optional for the current junior class, it is important to stay up to date on testing policies for each individual school
 - It still makes sense to submit your test scores even if your schools are Test Optional
-

ACT vs NEW SAT

What's the Same?

No penalties for guessing
Curriculum-focused content
Score choice
Optional essay

What's Different?



Test Prep Options

Click on the links below for support:

- [Khan Academy](#)
- [CollegeBoard](#)
- You can also download the [Daily Practice](#) app, which will prompt you to complete 1 SAT prep question each day.
- [ACT](#)

HHHS Test Prep Sessions

- Fall SAT Prep Class - In session
- Spring SAT Prep Class

Extracurricular Activities

Quality Over Quantity

- **Academic-oriented**: Geared towards the field of study that you will pursue in college
 - **Leadership**: Activity that helps show the admissions officers that you are hard-working, have people skills, and can be an innovator in your field
 - **Personality**: Helps highlight the interesting and unique aspects of your personality and shows balance
 - **Community Service**: Shows responsibility and empathy
-

Create A Resume

- A resume helps you to stand out from other applicants
- Naviance has a resume creator tool:
 - Log into Naviance
 - Click “About Me” in the top right corner
 - Using the drop down menu, select “My Stuff”
 - Click “Resume”
 - To add entries, click the plus button
- What to include in a HS Resume

Demonstrated Interest

A college/university is more likely to accept a student who demonstrates genuine interest:

- Communication
- Attend Open Houses and Campus Tours
- Meet with representatives at College Fairs and College Visits
- Interview (when available)
- Fill out questionnaires and comment cards

Letters of Recommendation

- 2 Academic Teacher Letters (Junior Year Teachers)
- 1 Counselor Letter
- Ask in person
- Fill out “Brag Sheets”
- Request through Naviance

Thinking about playing sports in college?

- To ensure you are eligible for Division I or II, please visit the NCAA Eligibility Center link below
- Unsure if you want to be a student athlete? Click [this link](#) for more information

[NCAA Eligibility Center](#)



Student Athletes

- By the end of junior year:
 - Register with the NCAA Eligibility Center and complete appropriate tasks
 - Reach out to coaches via email or online recruitment forms for the colleges you are interested in
- At the end of Junior year and beginning of Senior year:
 - Visit colleges and meet the prospective teams and coaches
- Senior year:
 - Complete all tasks required on your NCAA Eligibility Center account
 - Request transcripts to be sent by your school counselor
 - Follow up to make sure all documents are uploaded

Making Your College List

Reach

- Academically challenging: school whose admission criteria is above a student's profile
- Selective admissions
- Potentially high cost of attendance

Target

- Student is likely to be admitted because school's admission criteria is within a student's profile
- Student would be happy to attend that college
- Would not be financially overwhelming to attend

Safety

- Student is almost certain to be admitted because school's admission criteria is generally lower than a student's profile
- Student would be happy and get a good education there
- Affordable with reasonable effort

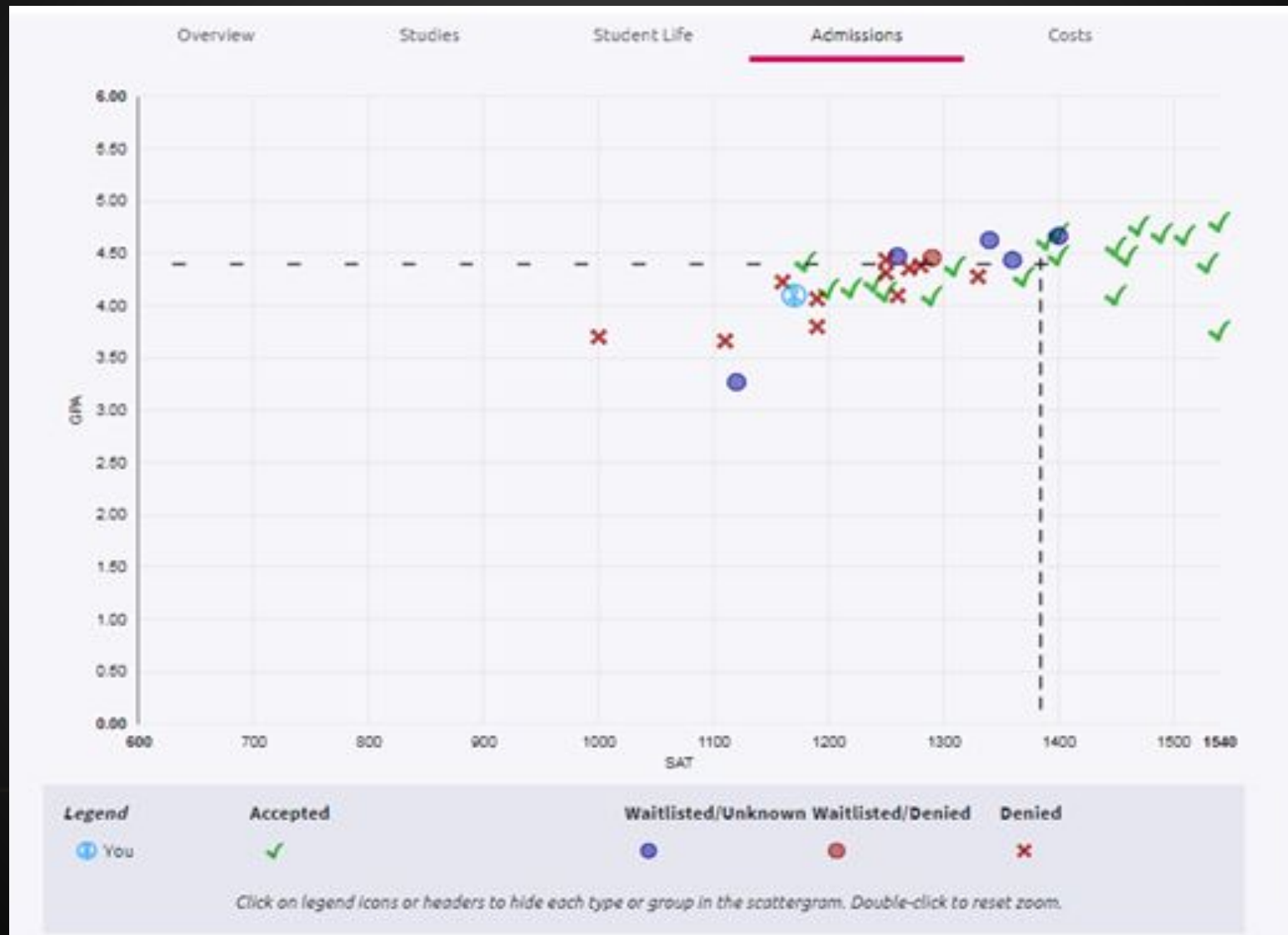
What Makes a College List Great?

- A final college list that includes 6-10 colleges
 - Each college classified as Reach, Target, or Safety
 - The bulk of the list is “target” schools
 - Every college on the list is a school the student would be happy to attend
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Naviance

- College Search Tools
 - Scattergrams
 - Super Match
 - Colleges Looking For Students Like Me
 - Colleges I'm Thinking About List
 - College Applications
 - Career Exploration
 - Resume Building
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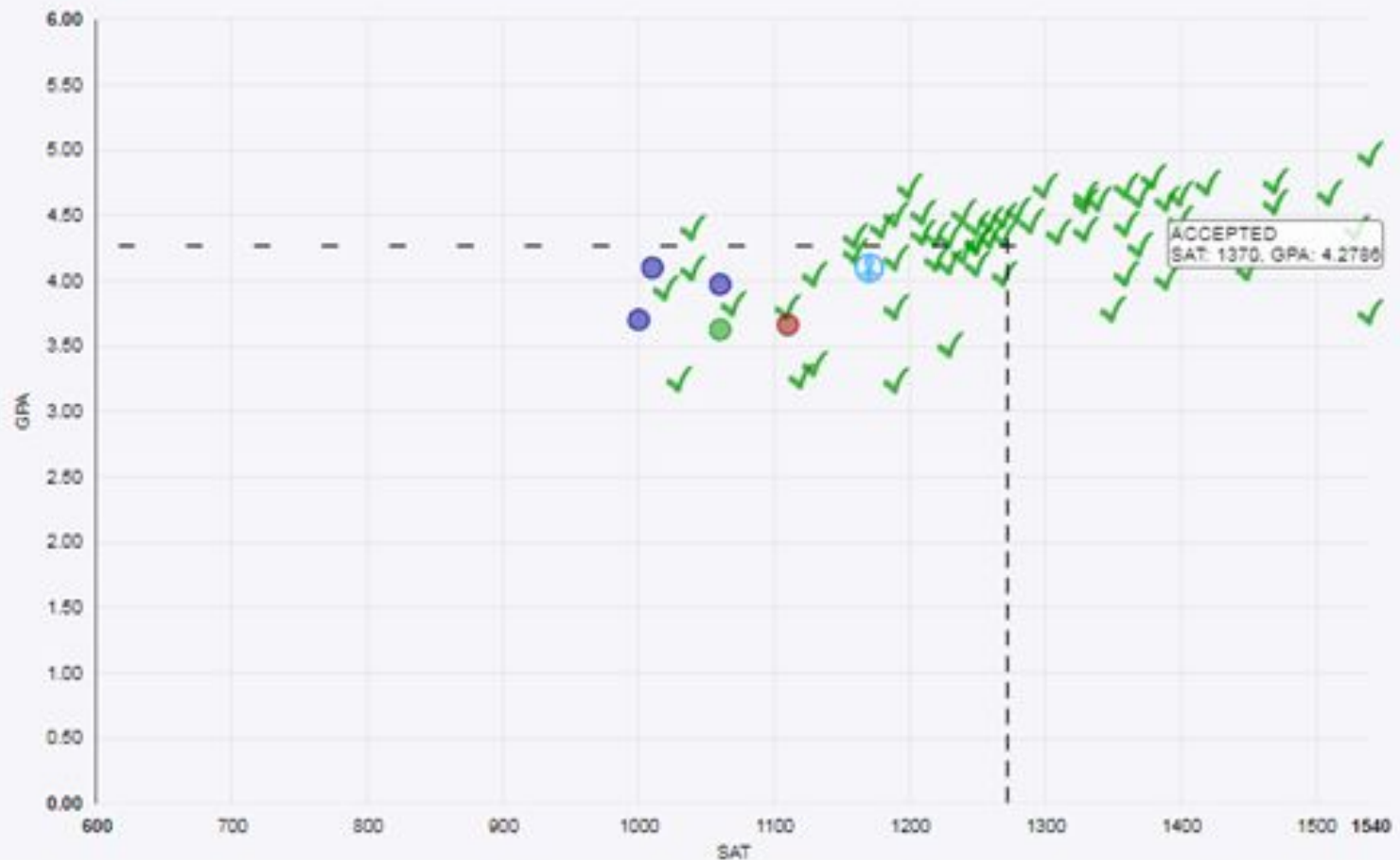
Reach School



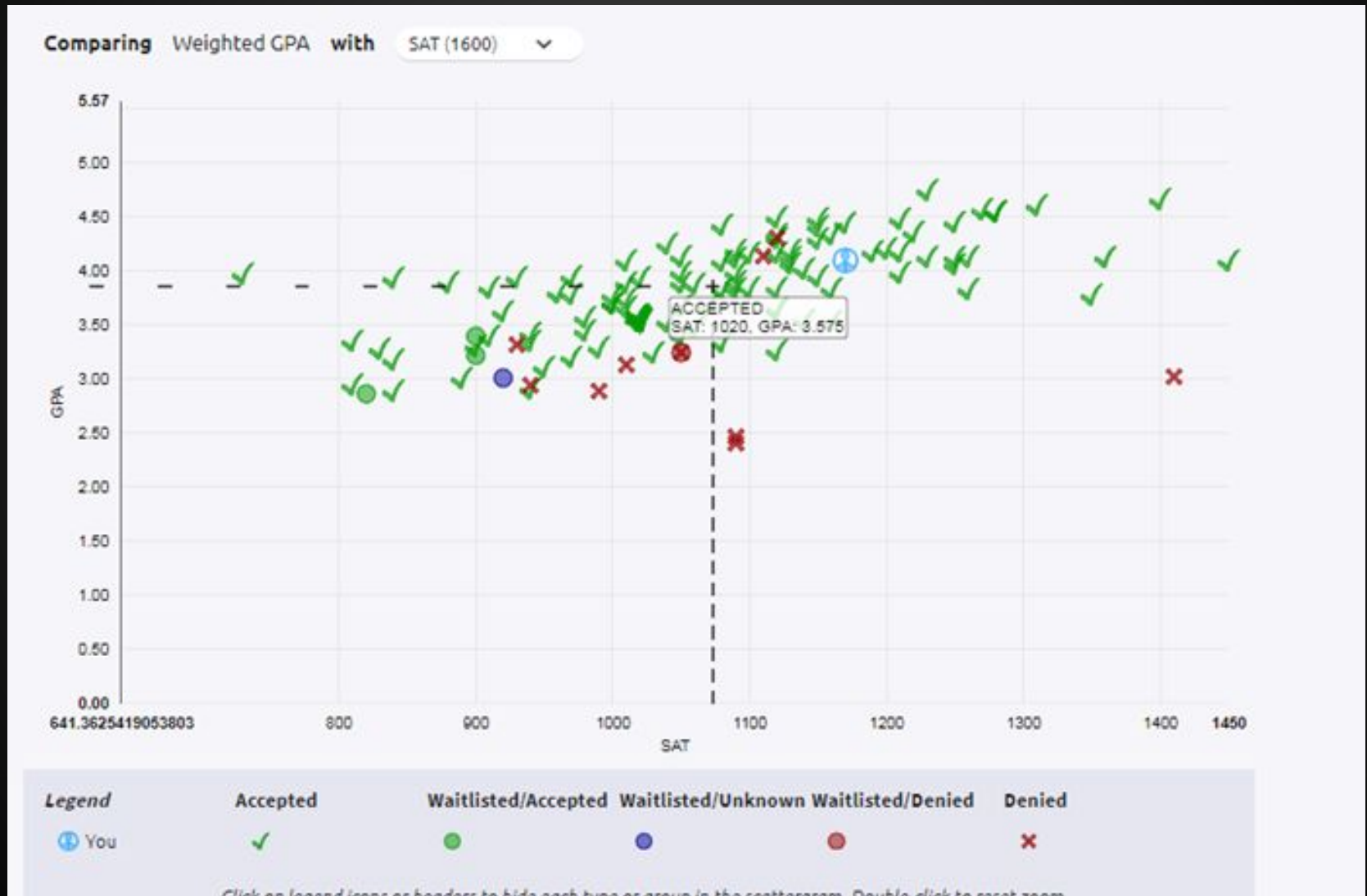
Target School

Scattergrams | Applications for Hasbrouck Heights High School

Comparing Weighted GPA with SAT (1600) ▾



Safety School



Look beyond what you already know...



Admission Types

- Early Action
- Early Decision (binding)
- Rolling
- Regular Decision
- Open Admissions
- Other



Financial Aid

- What is Financial Aid?
 - All funds made available to students that do not come from their family
 - Scholarships, grants, loans, and work study funds
 - Important Applications
 - Free Application for Federal Student Aid (FAFSA) Opens October 1st of your Senior Year - all students (with parent) must complete to be considered
 - College Scholarship Search Profile (CSS Profile) - only some schools require
 - Higher Education Student Assistance Authority (HESAA) - NJFAMS Account
 - Scholarships: National, Local, & Private
-

Cost

- Make your list based on interest
 - Private colleges may be as affordable as public colleges
 - State colleges outside of NJ may be as affordable as NJ state colleges i.e. SUNY universities
- Use Net Calculators to refine your list
 - Collegeboard Net Price Calculator
- Leave your options open!

Junior Meetings

- Discuss college and career interests with students in small groups based on interest
 - Supermatch and Naviance tools
 - Discuss resource materials and go through College Planning Guide
 - Meetings will take place starting November 28 and conclude by the end of January
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A look ahead...

- Keep grades strong and stay engaged in extracurricular activities
- Attend your Junior Meeting
 - Develop a list of “Colleges I’m Thinking About” in Naviance
- Visit colleges
 - Utilize your breaks and your 3 excused absences per year
- Make a testing plan with a timeline for dates and test preparation
 - Your first test should be taken by June and re-tests should be completed by the start of senior year
- Classroom lessons
 - Resume
 - Brag sheets and letters of recommendation requests
 - Creating your Common App

To Do: This Summer

- ❑ Continue to VISIT schools!
- ❑ Write a first draft of your college essay
 - ❑ College Essay Writing Workshop
- ❑ Switch Common App practice account to a regular account starting August 1
- ❑ Finalize your college list in Naviance
- ❑ Prep/take SAT/ACT

Resources

College Search

<https://student.naviance.com/hasbrouck>

www.collegeboard.com

www.princetonreview.com

www.petersons.com

Financial Aid

www.studentaid.gov

www.hesaa.org

<https://cssprofile.collegeboard.org/>

Scholarships

www.fastweb.com

www.scholarships.com

Standardized Testing

www.collegeboard.org

www.act.org

Intercollegiate Athletic Information

www.ncaa.org

Any
Questions

Thank You

**Your feedback is greatly appreciated.
Please provide your feedback in the link that you
will receive via email following this presentation!**

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Be sure to check out our Counseling Website!**